

WEEK 1

WEEK COMMENCING

4 Nov, 25 Nov, 16 Dec, 6 Jan, 27 Jan,
17 Feb, 10 March 31 March

All of our meals are prepared using freshly sourced products from the East Midlands. If you need to know more about the ingredients used, please ask.

AVAILABLE DAILY: Best of both bread **Gluten**, **Soya** fresh fruit. Vegetarian meals available upon request



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MAIN

Margherita pizza
Soya Milk Gluten

Pork meatballs
Gluten Egg
OR Vegan meatballs **Soya**
in tomato sauce

Pasta Neapolitan
Gluten Soya Milk Mustard

Roast Gammon
OR Quorn roast **Milk Egg**
& gravy

MSC fish finger
Gluten Fish

SIDES

Baby roast potatoes
sweetcorn

Tilda mixed rice
cauliflower & broccoli

Garlic bread
Gluten Soya Milk
carrot & cucumber sticks

Mashed potatoes,
Brussels sprout
& swede

Oven chips
baked beans

PUDDING

Lemon muffin
Gluten Egg Sulphur dioxide

Fruit flapjack
Gluten

Strawberry
ice cream tub
Milk

Chocolate cookie
Gluten

Cornflake tart
Gluten Sulphur dioxide
& custard **Milk**



Nottinghamshire
County Council

WEEK 2

WEEK COMMENCING

11 Nov, 2 Dec, 23 Dec, 13 Jan,
3 Feb, 24 Feb, 17 March

All of our meals are prepared using freshly sourced products from the East Midlands. If you need to know more about the ingredients used, please ask.

AVAILABLE DAILY: Best of both bread **Gluten**, **Soya** fresh fruit. Vegetarian meals available upon request



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MAIN

Southern style burger in
a wholemeal bun
Soya Milk Egg Gluten Sesame

Nottinghamshire sausage
Gluten Sulphur Dioxide
OR plant based sausage
Soya sulphur dioxide

Pasta Bolognese
Soya Fish Gluten Mustard
OR Vegan pasta Bolognese
Mustard Soya Gluten

Hunters chicken **Milk**
OR Quorn hunters
chicken **Milk Egg**

MSC fish cake
Gluten Fish

SIDES

Jacket wedges
baton carrots
& coleslaw **Egg**

Mashed Potato
baked beans

Garlic bread
Gluten Soya Milk
& sweetcorn

Pommes noisettes
fresh cabbage
& carrots

Oven chips,
mushy peas
& tomato ketchup

PUDDING

Chocolate brownie
Gluten

Strawberry mousse
Milk

Fruit yoghurt
Milk

Honey & oatmeal cookie
Gluten

Butterscotch tart
Gluten Milk



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