

Holiday activities and food



**Get involved in fun activities
this school holiday!**



What is HAF?

The Holiday Activities and Food programme (HAF) aims to support the wellbeing of children aged between **5 – 16 years** focussing on physical and mental wellbeing by providing a variety of fun face-to-face activities with food during school holidays.

“My daughter was very apprehensive to go but came home from the first day with a big smile on her face and couldn't wait to go the next day!”

The HAF programme works collaboratively with schools, young people's centres, district and borough councils, and external providers, to ensure there are varied and fun activities for children and young people to enjoy, as well as a substantial meal on the activity days.

Who can take part?

Activities are free to **5 – 16 year olds** who receive benefits-related free school meals. There are also places available to families with low income and to children and young people who may face social isolation without the support of HAF, these places are granted on an individual basis.

If you think your child may be eligible for free school meals but not currently receiving, you can apply online by visiting:

nottinghamshire.gov.uk/freeschoolmeals

“We really enjoyed the experience, and the food was absolutely brilliant. As a mother that struggles to take 3 children to such events and then get food on top, this was an amazing treat.”

“My kids haven't stopped raving about this! It's been brilliant! Thank you so much!”

What kinds of things can my children do?

There are a number of different providers, offering activities such as: **bowling, ice skating, climbing, crafts, cooking, sports, dance, drama, forest school and adventure days.**

“Just wanted to say we had a wonderful time at the skate day. My son has never been ice skating and never had the opportunity as I couldn't afford the prices. It not only gives the child a great way to shine and develop their confidence and interests, it also helps parents bond more with their children, spending that quality time with them. Also the staff were so helpful!”

Why should I get involved?

School holidays can be a tough time for some families, so the Nottinghamshire HAF programme is here to help children to stay active, healthy and engaged during the school holidays, it also helps families who require childcare over the holiday periods. Children will receive a free meal as part of every four-hour activity that they participate in.

All activities are free to those eligible and can be booked online or by phone:



[Nottinghamshire.gov.uk/hafprogramme](https://www.nottinghamshire.gov.uk/hafprogramme)



HAF2022@nottsc.gov.uk



0115 9774 999 (Line open from 10am – 2pm. Monday – Friday)

My Autumn HAF programme

OCTOBER

MONDAY	17 School half term	24
TUESDAY	18	25
WEDNESDAY	19	26
THURSDAY	20	27
FRIDAY	21	28
SATURDAY	22	29
SUNDAY	23	30 Back to school tomorrow!

Karting is
waaaaaaay the
best thing ever.
Can't wait to
come back!



Just been
karting. A dream
come true



Laser tag is
epic and I think
I'm Addicted!



My Winter HAF programme



MONDAY	19	26	2
TUESDAY	20	27	3
WEDNESDAY	21	28	4
THURSDAY	22	29	5 Back to school!
FRIDAY	23	30	6
SATURDAY	24	31	7
SUNDAY	25 Christmas Day!	1 Jan New Year's Day	8

DECEMBER

JANUARY



Are you ready for **Autumn** & **Winter**



Nottinghamshire 2022/23

**Sign up
NOW!**

**Ask your school about
the Holiday Activities
and Food programme!**

Find out more or contact us:



[Nottinghamshire.gov.uk/hafprogramme](https://www.nottinghamshire.gov.uk/hafprogramme)



0115 9774 99 (Line open from 10am – 2pm. Monday – Friday)



HAF2022@nottscc.gov.uk

