

Nursery Rhymes with
the Story Massage Programme
www.storymassage.co.uk

Celebrating
World Nursery Rhyme Week 2020
(16th – 20th November)



We hope you enjoy sharing these massage stories. Always remember to ask permission and say 'thank you' at the end. You can also enjoy these massage stories as a self-massage or with your pets or teddies!

1. The Wheels on the Bus
2. Five Little Speckled Frogs
3. Hickory Dickory Dock
4. Old McDonald Had a Farm
5. Miss Polly Had a Dolly











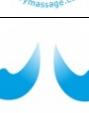

Explanation of the strokes is available in our book 'Once Upon a Touch'
and online training available from the website.

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The Wheels on the Bus

Adapted for the Story Massage Programme
















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	The wheels on the bus go round and round. Round and round, Round and round
	The wheels on the bus go round and round
	All day long.
	The wipers on the bus go swish, swish, swish, Swish, swish, swish Swish, swish, swish
	The wipers on the bus go swish, swish, swish
	All day long.
	The horn on the bus goes beep, beep, beep Beep, beep, beep, Beep, beep, beep
	The horn on the bus goes beep, beep, beep
	All day long.
	The doors on the bus go open and closed Open and closed Open and closed
	The doors on the bus go open and closed
	All day long.

Five Little Speckled Frogs

Adapted for the Story Massage Programme






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	Five little speckled frogs
	Sat on a speckled log
	Eating the most delicious bugs
	One jumped into the pool where it was nice and cool
	Then there were four green speckled frogs
	Four little speckled frogs
	Sat on a speckled log
	Eating the most delicious bugs.
	One jumped into the pool where it was nice and cool
	Then there were three green speckled frogs
	<i>Add verses until last verse...</i>
	One little speckled frog
	Sat on a speckled log
	Eating the most delicious bugs
	He jumped into the pool where it was nice and cool
	Then there were no green speckled frogs

Hickory Dickory Dock

Adapted for the Story Massage Programme









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 ©storymassage.co.uk	Hickory Dickory Dock.
 ©storymassage.co.uk	The mouse ran up the clock.
 ©storymassage.co.uk	The clock struck one.
 ©storymassage.co.uk	The mouse ran down.
 ©storymassage.co.uk	Hickory Dickory Dock.

Old McDonald Had a Farm

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	Old McDonald Had a Farm E-I-E-I-O
	And on that farm he had a ...
	Lamb E-I-E-I-O With a baa baa here And a baa baa there Here a baa, there a baa Everywhere a baa baa
	Old McDonald Had a Farm E-I-E-I-O
	Old McDonald Had a Farm E-I-E-I-O
	And on that farm he had a ...
	Cow E-I-E-I-O With a moo moo here And a moo moo there Here a moo, there a moo Everywhere a moo moo
	Old McDonald Had a Farm E-I-E-I-O

	IDEAS FOR OTHER ANIMALS
	Pig – Oink, Oink
	Chicken – Cluck, Cluck
	Cat – Meow, Meow
	Dog – Woof, Woof
	Horse – Neigh, Neigh
	Duck – Quack, Quack
	Mouse – Squeak, Squeak

Miss Polly Had a Dolly

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 ©storymassage.co.uk	Miss Polly had a dolly who was sick, sick, sick
 ©storymassage.co.uk	So, she phoned for the doctor to come quick, quick, quick.
 ©storymassage.co.uk	The doctor came with his bag and his hat,
 ©storymassage.co.uk	And he knocked on the door with a rat-a-tat-tat.
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 ©storymassage.co.uk	And said, "Miss Polly, put her straight to bed!"
 ©storymassage.co.uk	He wrote on a paper for a pill, pill, pill.
 ©storymassage.co.uk	"I'll be back in the morning with my bill, bill, bill."