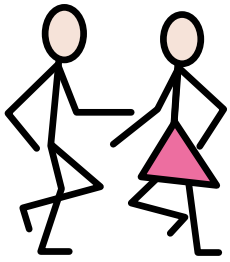


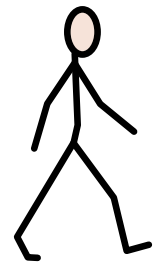
Have a



dance

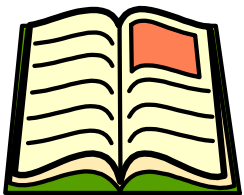


Bake a cake



Go for a walk

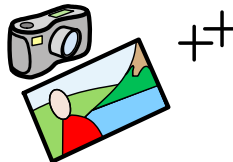
Read your favourite



story



Look at family



photos



Paint



a picture

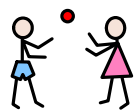
Watch your



favourite film or



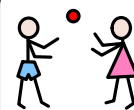
t.v programme



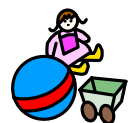
Play in the



garden



Play with your



favourite toy

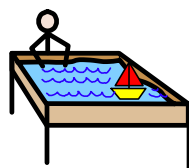


Have a hand or



foot massage

Have some



waterplay



Play a game