



Gingerbread

Edible Paint Recipe

You will need:

Flour

Salt

Ground ginger

Cinnamon

Nutmeg

Water

Mixing bowl

Squeezy bottles

Paintbrushes/pots

Thick card/cardboard

Method

1. Mix $\frac{1}{2}$ a cup of flour and $\frac{1}{2}$ a cup of salt together.
2. Add 1 tablespoon of ginger, nutmeg and cinnamon to the mixture, to create colour and smell.
3. When the ingredients are combined, add a little bit of water at a time until you get the desired consistency. The more water you add, the thinner and less 'puffy' the paint will become.
4. You may like to use the paint to explore the texture and smells with fingers and hands, or use paintbrushes/squeezy bottles to paint gingerbread pictures.
5. Putting the finished painting into the microwave for a few seconds, will result in a lovely 3D picture.

*Please note that although this recipe is safe for children to taste and explore with their mouths, it is not intended for them to eat in large quantities.

*This recipe is intended to be used as soon as it has been made and not to be stored for future use.