



Microwave Puffy Paint

Edible Paint Recipe

You will need:

2 tbsp self-rising flour

2 tbsp salt

Food colouring

Water

Paintbrushes

Glue spreaders

Method

1. Mix the flour and salt and some food colouring together in a bowl. Add more food colouring if you require a darker colour.
2. Add water, a little at a time, and mix the flour, salt, and food colouring mixture into a smooth spreadable paste (the consistency should be like a thick yogurt).
3. Repeat the process to make a variety of colours.
4. Use the paintbrushes and glue spreaders to paint a picture. Use the paint to make a thick layer as the more paint you add, the bumpier the finished picture will be.
5. Microwave the finished painting for 10 -30 seconds, depending on how thick the paint is. The paint should be dry and hard once it has been microwaved.



* Please note that although this recipe is safe for children to taste and explore with their mouths, it is not intended for them to eat in large quantities.

* Please note this recipe is intended to be used immediately and not stored for future use.