

Here are lots of links on the oak national website, there are lots of different activities that you can adapt to suit you!

1. <https://classroom.thenational.academy/lessons/alien-handprints-61jkec>

Can you make an Alien with your handprints? How many eyes and legs could your alien have? Get messy and explore with lots of different paints or colouring pencils.

2. <https://classroom.thenational.academy/lessons/to-represent-different-feelings-cdhp8e>

Can you create a feelings monster? Can you find things in your house that make you feel happy or calm? You could also read the colour monster story : <https://youtu.be/lh0iu80u04Y>

3. <https://teachers.thenational.academy/lessons/sensory-circuit-part-1-68rkcc>

Whilst we cannot go outside, can you make a sensory circuit in your house? Find different materials and make different obstacles!

4. <https://teachers.thenational.academy/lessons/responding-to-music-changes-and-transitions-crt3jd>

Can you listen to the different sounds and instruments? There are also lots of different objects to explore in the bucket just like our attention autism sessions in school.

5. <https://teachers.thenational.academy/lessons/responding-to-music-changes-and-transitions-6gwp6c>

Can you see Mrs Davies?! Listen to the different pieces of music that Mrs Davies plays, which one do you like?

6. <https://teachers.thenational.academy/lessons/creating-music-celebrations-and-festivals-crtkad>

We celebrated Diwali last week, can you explore the different activities in this video?