

	Monday 13.7.2020 Family and friends	Tuesday	Wednesday	Thursday	Friday
Morning	Weekly challenge Make a card for someone you haven't seen in a while. I'm sure they would love to get something from you through the letter box. Or why not go for a walk together or talk over a video call. Remember to send a picture for the challenge video.	Sensology Find your favourite things to <i>touch, taste, smell, see</i> and <i>hear</i> . This week share them with someone at home. Remember to take turns and show others when you would like a go.	Song time Sing along with some of our weekly songs from the web page	Play Play with your favourite game or toy and take turns with someone in your family. Can you ask for more when you want another go? What is your favourite thing at home? Can you choose your favourite from 2 different items?	Song time Sing along with some of our weekly songs from the web page
Afternoon	Stop and Go Put on your favourite songs and have a dance. See resources on school web page.	Cooking Help to cook with your family this week. What is for tea? Explore some of the ingredients and think about what you like and don't like.	Get physical Try Physibods, a music and body awareness session. What can you do with your body? https://youtu.be/7TmvZ7AYMpM	Music Try one of the Soundabout music sessions on Youtube. https://youtu.be/bx7i3P_sRWo	Wellbeing Fingers crossed for good weather this week. Get out of the house for a walk or some fresh air. What can you hear, smell and see on your walk?
	Story Share a story from home, listen to Mrs Skillington read 'Meet the Parents' or try a story massage off the	Story Share a story from home, listen to Mrs Skillington read 'Meet the Parents' or try a story massage off the	Story Share a story from home, listen to Mrs Skillington read 'Meet the Parents' or try a story massage off the	Story Share a story from home, listen to Mrs Skillington read 'Meet the Parents' or try a story massage off the website.	Story Share a story from home, listen to Mrs Skillington read 'Meet the Parents' or try a story massage off the website.

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