

Music

African Drumming

https://www.youtube.com/watch?v=zSdwo_qsXS4

Listen to part of the music above (Please note it is longer than 10 mins). Listening to the music follow the clapping rhythm within the music. This can be done as claps and body taps/deep pressure. All in time with the music. **It is a repetitive rhythm. Perhaps focus on the cabasa (not drum) that is providing the pulse to copy the rhythm onto.**

Following the music practice moving with the music. This can be rocking the person side by side.

Practice going fast with the music and then slow using instruments, on body tapping and clapping. Reinforce the tempo chosen by placing your index finger on the person's wrist and moving up to the bend in the arm (fast movement for fast, slow movement for slow) Say the word to reinforce this.

Vocalise with the music to make loud and quiet sounds. Use the words 'loud' or 'quiet' to reinforce this.

<https://www.youtube.com/watch?v=4a7IHDXRG6k>

listen to the music above as background music (quiet). Using instruments (can be kitchen appliances, keys, or anything else that can make noise if shook, banged, hit, rattled or moves) observe the young person, make noise when they make move and stop when they stop.

- Play instruments near to them and further away from them to see if they will watch the instruments are they listening to what is happening/ where the sound is coming from.
- Play music really fast/loud and then stop. Ask if they want 'more'
- Place you hand under their hand and keep your hand on the instrument, if you feel movement, play. Provide a commentary of what they have done.
- Place their hand on an instrument and leave it in place. Copy whatever movement they make.