

HOW TO MAKE SAND FOAM

Sand Foam is perfect for sensory exploration. Kids will love running their hands and fingers through the fluffy, textured mixture.

With only 3 items needed to make this exciting messy play, the children can help you create it!

Sand foam is a great way for children to develop skills such as:

- Creativity
- Fine Motor Development – Pre-writing skills
- Hand-Eye Coordination
- Sensory- Development of the sense of touch. Feeling and manipulating objects.
- Oral language development- using descriptive language.



The items you will need:

- Clean sand
- Shaving foam
- Tray

There is no real defined amounts for the ingredients. Keep combining them using your hands until you are happy with the consistency.

Add dinosaurs, shells and toy cars to extend the play and encourage imaginative play stories. The shells would make a great beach theme activity, the dinosaurs to create a sandy dinosaur world and the toy cars creating roads or moving sand construction site.

Hide numbers, letters or coloured objects to have a hide and seek game!

