



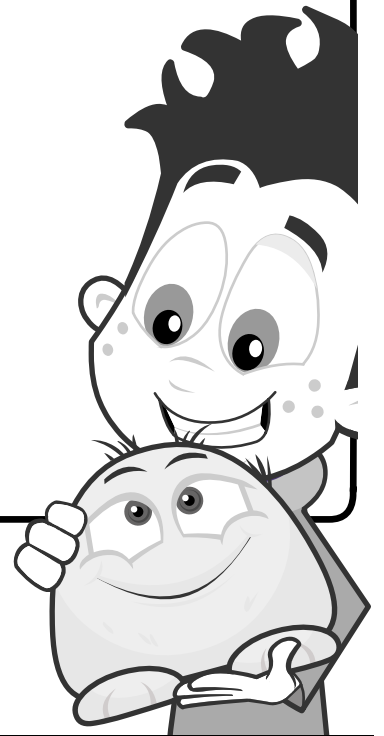
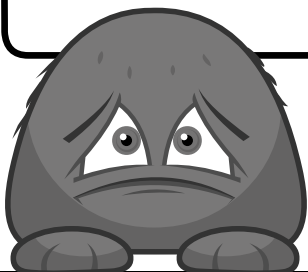
Name: _____ Class: _____



Draw a picture of something that makes you feel **happy**.



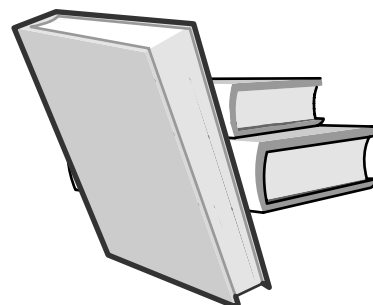
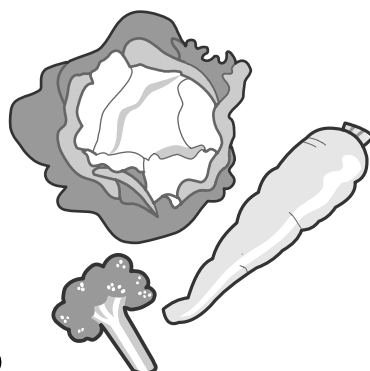
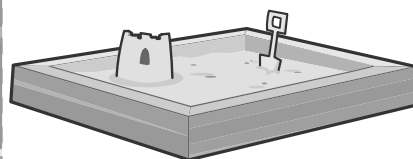
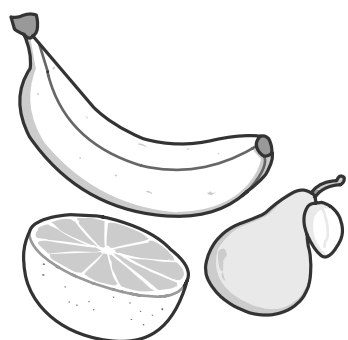
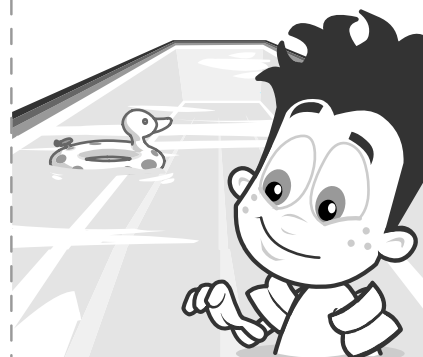
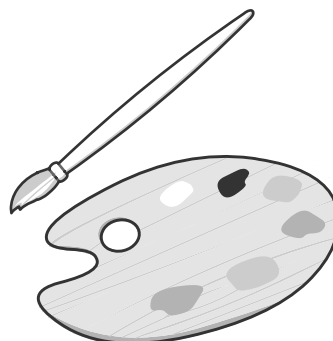
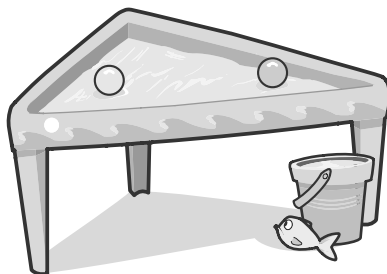
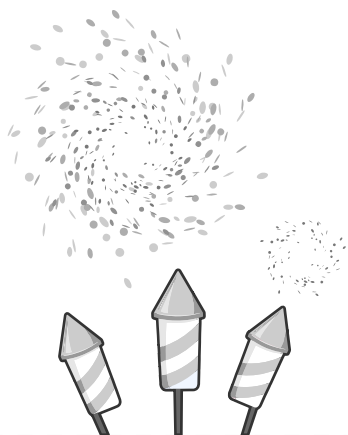
Draw a picture of something that makes you feel **sad**.





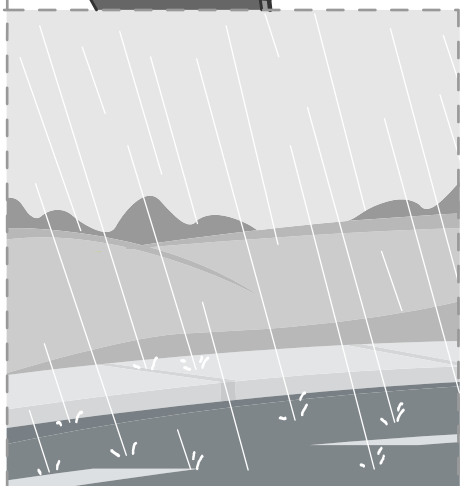
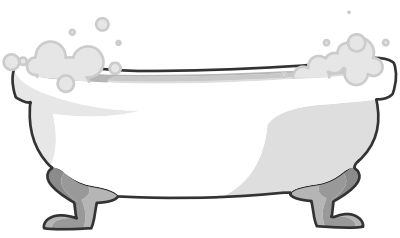
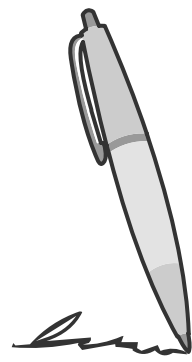
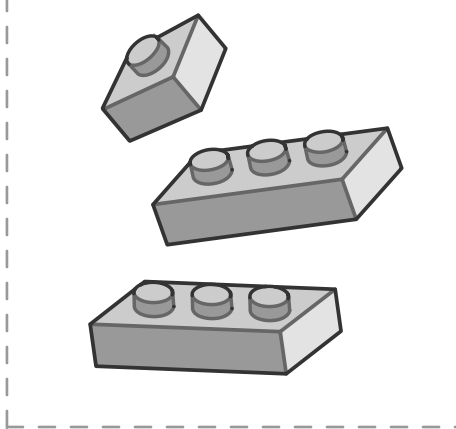
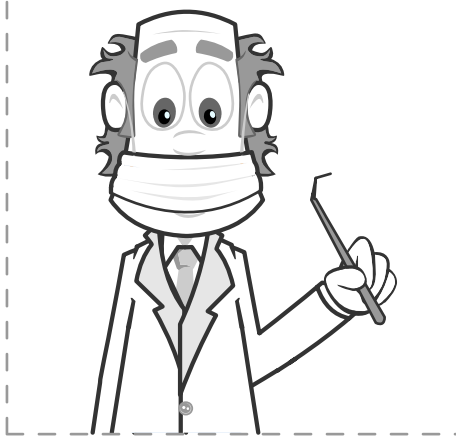
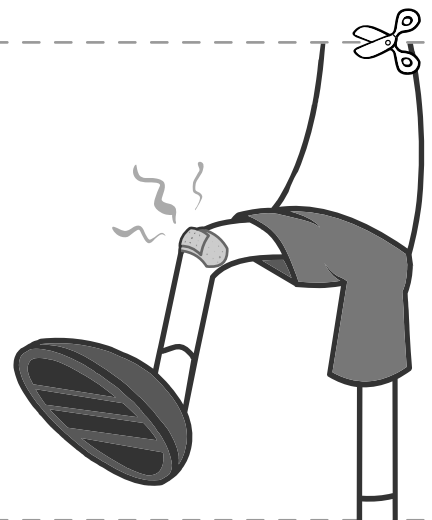
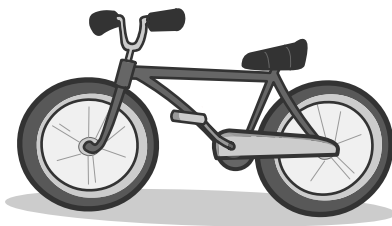
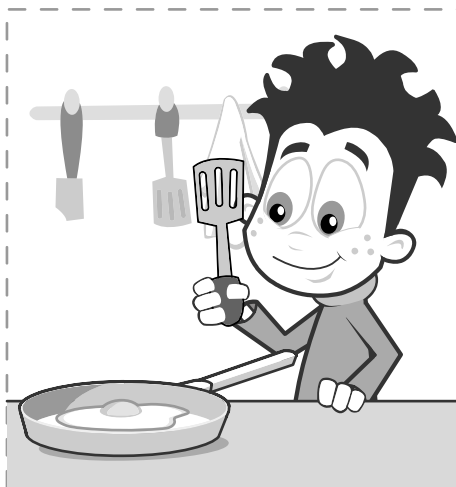
Name: _____ Class: _____

Teacher notes: Ask students to sort the activity/object cards onto the happy, sad and cross mats based on how they make them feel. This can be used 1:1 with an adult or in pairs to provoke discussion. Sometimes the students may feel indifferent about what is pictured or feel a different emotion not yet discussed. In these instances, discuss these emotions and explain that they can be put in a separate pile of their own. Through discussion, explore how they might have sorted their cards differently to others.





Name: _____ Class: _____





Name: _____ Class: _____

