

Sensory Bottles

This week why don't you make a simple discovery bottle for easy sensory play and a bit of science too!

Go out on a walk or look around your garden and find little things you can fit into your bottle. Stones, pebbles, shells, small sticks, leaves, grass. You could take a bucket and fill it up with all the treasures you find.

To make the sensory bottles you will need

- A clear bottle
- Water
- Glitter (optional)
- Food colouring (optional)
- Objects/treasures you have found from your walks or in your gardens etc
- Strong glue

Choose some of your treasures and start to put them in to the bottle. When you think you have enough you can add some glitter and a drop of food colouring. Now you can add the water, fill it as close to the top as you can. Pop the lid on tight, you can glue it on too so its stays put!

