



ASH LEA

*Working together to be
the best that we can be*

10 June 2019

On Wednesday 10th July we will be holding our annual Sports Day.

This year we will be doing things a little differently! We are currently fundraising for an external defibrillator that will be attached to the outside of the school gates. As much as we would like to never have to use this it would be a great advantage to have one on school grounds, this will also be accessible for anyone requiring it on Owthorpe road side of the village.

A defibrillator is a device that gives a high energy electric shock to the heart of someone who is in cardiac arrest. This high energy shock is called defibrillation, and it's an essential part in trying to save the life of someone who's in cardiac arrest.

There are available defibrillators in the village but the closest for us are the leisure centre or futures building which in a life or death situation are a little out of reach. We feel that it is an important and life saving project and we would like to get the community involved to try and raise the money.

We would like to invite parents, children from Cotgrave C of E, Candleby Lane, South Notts Academy and South Wolds as well as the local community to join us in some running races and refreshments, we will be asking for donations (or sponsorship) to attend and for the refreshments with all the money raised going towards a community defibrillator.

We will be breaking the day up and having two sessions

10.00-11.00 - local school children and community for races and refreshments

1.30 – 2.30 – parents for races and potted sports. Ideally, we would like to get parents involved and taking part so wear your trainers!

We would encourage parents to attend the afternoon session, but you would be able to come in the morning should you wish to do so. Please contact parentreplies@ashlea.notts.sch.uk to advise if you will be attending so we can keep track of numbers.

Many thanks

Rebecca Biddles.

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